PE Whole School Curriculum Map

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Examples of Gross Mot	or Examples of Gross Motor Skills:	Examples of Gross	Examples of Gross Motor	Examples of Gross Motor	Examples of Gross Motor	
Skills:		Motor Skills:	Skills:	Skills:	Skills:	
	Gymnastics Stretching, taking					
Football Skills	weight on different body parts	Netball / Basket	Tennis / Badminton	Rounders / cricket	Athletics –running, jumping,	
5 H G H 1 1 1 1 1 1 1 1 1		ball			aiming	
Ball Skills kicking/receiv	ing Dance		Bean bags aiming / throwing	Bat and Ball(bean bag)		
Dovalon spatial awaren	Dovelon spatial avvarances	Ball skills -	Davidon spatial autoroposs	skills Catching and	Team Games	
Develop spatial awaren	ess Develop spatial awareness	throwing / catching	Develop spatial awareness	Throwing	Douglas spatial augrenoss	
Dancing	Moving energetically	bean bags	Moving energetically	Parachute games	Develop spatial awareness	
Daticing	Woving energetically	Develop spatial	wowing energetically	Paracriute garries	Moving energetically	
Moving energetically	Examples of Fine Motor Skills:	awareness		Develop spatial awareness	Woving chergetically	
	·	awareness		Develop Spatial awareness		
Examples of Fine Motor	Dough Disco	Moving	Examples of Fine Motor	Moving energetically		
Skills:		energetically	Skills:		Examples of Fine Motor	
	Pen Disco	,		Examples of Fine Motor	Skills:	
Dough Disco		Examples of Fine	Dough Disco	Skills:		
	Threading	Motor Skills:			Dough Disco	
Pen Disco			Pen Disco	Dough Disco		
Thoras Para		Dough Disco	The second sec		Pen Disco	
Threading			Threading	Pen Disco	The second second	
		Pen Disco		Thursding	Threading	
				Threading		
		Threading				
Outdoor Learning – Ad	Outdoor Learning – Activities depend on children's interests on		Outdoor Learning— Activities depend on children's		Outdoor learning — Activities depend on children's	
that day.	that day.		interests on that day.		interests on that day.	

	English – Mark making / reading area/ literacy activities Mathematics – Maths activities Role play – Nursery Rhyme performances		English – Mark making / reading area/ literacy activities Mathematics – Maths activities		English – Mark making / reading area/ literacy activities Mathematics – Maths activities			
	Role play – Nursery Rhyme perfo Small world Autumn 1 – Doll House Autumn 2 – Hot and Cold Places	Farm Setting	Small world	Spring 1 – Dinosaurs/Little Red Riding Hood		Role play – Summer 1 & 2 – Tales Toolkit story telling Small world Summer 1 – Mini Beasts Summer 2 – Sea Creatures Seaside		
	construction site, den, hula hoop	Physical - Slide, crawling through the caterpillar tunnels, construction site, den, hula hoops, skipping ropes Malleable — sand/water/shaving foam Music - Musical instruments Activities depend on children's interests on that day. Gross motor activities: ribbon dance etc. Exploration. Changing Colours/Leaves Cold Frosty Days		Spring 2 — Fairy Stories Kingdoms/Palaces Jobs Physical - Slide, crawling through the caterpillar tunnels, construction site, den, hula hoops, skipping ropes Malleable — sand/water/shaving foam Music - Musical instruments Outdoor Learning Activities depend on children's interests on that day. Spring Warmer Days		Physical - Slide, crawling through the caterpillar tunnels, construction site, den, hula hoops, skipping ropes Malleable – sand/water Music - Musical instruments Outdoor learning Activities depend on children's interests on that day. Identification – Insects and trees. Seasons – Hot Summer Days		
	Music - Musical instruments							
	motor activities: ribbon dance et							
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
Year 1 PE	Football/Hockey and Cross Country	Gymnastics and Dance	Netball and Basketball	Tennis and Badminton		Athletics		
	Children will be taught to: Master basic movements includi Participate in team games, deve Perform dances using simple mo	loping simple tactics for attacking	•	g balance, agility and co-ord	dination, and begin to apply these	in a range of activities.		

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2				
Year 2	Football/Hockey and Cross	Gymnastics and Dance	Netball and Basketball	Tennis and Badminton	Rounders and Cricket	Athletics				
PE	Country									
	Participate in team g	Children will be taught to: Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Participate in team games, developing simple tactics for attacking and defending. Perform dances using simple movement patterns.								
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2				
rear 3	Football/Hockey and Cross	Gymnastics and Dance	Netball and Basketball	Tennis and Badminton	Rounders and Cricket	Athletics				
PE	Country									
	 activities. Participate in team games, developing simple tactics for attacking and defending. Perform dances using simple movement patterns. 									
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2				
Year 4 PE	Autumn 1 Football/Hockey and Cross Country	Autumn 2 Gymnastics and Dance	Spring 1 Netball and Basketball	Spring 2 Tennis and Badminton	Summer 1 Rounders and Cricket	Summer 2 Athletics				
	Football/Hockey and Cross Country Children will be taught to: Master basic move activities. Participate in team		Netball and Basketball throwing and catching, as well a	Tennis and Badminton	Rounders and Cricket	Athletics				
	Football/Hockey and Cross Country Children will be taught to: Master basic move activities. Participate in team Perform dances usi	Gymnastics and Dance ments including running, jumping, games, developing simple tactics	Netball and Basketball throwing and catching, as well a	Tennis and Badminton	Rounders and Cricket	Athletics				
PE /ear 5	Football/Hockey and Cross Country Children will be taught to: Master basic move activities. Participate in team Perform dances usi	Gymnastics and Dance ments including running, jumping, games, developing simple tactics ng simple movement patterns.	Netball and Basketball throwing and catching, as well a	Tennis and Badminton s developing balance, agility and	Rounders and Cricket co-ordination, and begin to a	Athletics pply these in a range of				
	Football/Hockey and Cross Country Children will be taught to: Master basic move activities. Participate in team Perform dances usi Autumn 1 Football/Hockey and Cross Country Children will be taught to: Master basic moveme Participate in team ga	Gymnastics and Dance ments including running, jumping, games, developing simple tactics ng simple movement patterns. Autumn 2	Netball and Basketball throwing and catching, as well a for attacking and defending. Spring 1 Netball and Basketball	Tennis and Badminton s developing balance, agility and Spring 2 Tennis and Badminton	Rounders and Cricket co-ordination, and begin to a Summer 1 Rounders and Cricket	Athletics pply these in a range of Summer 2 Athletics				

Year 6	Football/Hockey and Cross	Gymnastics and Dance	Netball and Basketball	Tennis and Badminton	Rounders and Cricket	Athletics	
PE	Country						
		d catching in isolation and in combina		hockey, netball, rounders and to	ennis], and apply basic principles	suitable for attacking and	
	defending. Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]. Perform dances using a range of movement patterns.						
	Take part in outdoor and adventure	ous activity challenges both individua previous ones and demonstrate impro	•	est.			