

PE Whole School Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Examples of Gross Motor Skills: Football Skills Ball Skills kicking/receiving Develop spatial awareness Dancing Moving energetically Examples of Fine Motor Skills: Dough Disco Pen Disco Threading	Examples of Gross Motor Skills: Gymnastics Stretching, taking weight on different body parts Dance Develop spatial awareness Moving energetically Examples of Fine Motor Skills: Dough Disco Pen Disco Threading	Examples of Gross Motor Skills: Netball / Basket ball Ball skills - throwing / catching bean bags Develop spatial awareness Moving energetically Examples of Fine Motor Skills: Moving energetically Examples of Fine Motor Skills: Dough Disco Pen Disco Threading	Examples of Gross Motor Skills: Tennis / Badminton Bean bags aiming / throwing Develop spatial awareness Moving energetically Examples of Fine Motor Skills: Dough Disco Pen Disco Threading	Examples of Gross Motor Skills: Rounders / cricket Bat and Ball(bean bag) skills Catching and Throwing Parachute games Develop spatial awareness Moving energetically Examples of Fine Motor Skills: Dough Disco Pen Disco Threading	Examples of Gross Motor Skills: Athletics –running, jumping, aiming Team Games Develop spatial awareness Moving energetically Examples of Fine Motor Skills: Dough Disco Pen Disco Threading
	Outdoor Learning– Activities depend on children’s interests on that day.		Outdoor Learning– Activities depend on children’s interests on that day.		Outdoor learning -- Activities depend on children’s interests on that day.	

	English – Mark making / reading area/ literacy activities Mathematics – Maths activities Role play – Nursery Rhyme performances Small world Autumn 1 – Doll House Farm Setting Autumn 2 – Hot and Cold Places Christmas Physical - Slide, crawling through the caterpillar tunnels, construction site, den, hula hoops, skipping ropes Malleable – sand/water/shaving foam Music - Musical instruments Activities depend on children’s interests on that day. Gross motor activities: ribbon dance etc. Exploration. Changing Colours/Leaves Cold Frosty Days		English – Mark making / reading area/ literacy activities Mathematics – Maths activities Role play – Spring 1 & 2 – Tales Toolkit story telling Small world Spring 1 – Dinosaurs/Little Red Riding Hood Traditional Tales Spring 2 — Fairy Stories Kingdoms/Palaces Jobs Physical - Slide, crawling through the caterpillar tunnels, construction site, den, hula hoops, skipping ropes Malleable – sand/water/shaving foam Music - Musical instruments Outdoor Learning Activities depend on children’s interests on that day. Spring Warmer Days		English – Mark making / reading area/ literacy activities Mathematics – Maths activities Role play – Summer 1 & 2 – Tales Toolkit story telling Small world Summer 1 –Mini Beasts Summer 2 – Sea Creatures Seaside Physical - Slide, crawling through the caterpillar tunnels, construction site, den, hula hoops, skipping ropes Malleable – sand/water Music - Musical instruments Outdoor learning Activities depend on children’s interests on that day. Identification – Insects and trees. Seasons – Hot Summer Days	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 PE	Football/Hockey and Cross Country	Gymnastics and Dance	Netball and Basketball	Tennis and Badminton	Rounders and Cricket	Athletics
	Children will be taught to: • Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. • Participate in team games, developing simple tactics for attacking and defending. • Perform dances using simple movement patterns.					

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2 PE	Football/Hockey and Cross Country	Gymnastics and Dance	Netball and Basketball	Tennis and Badminton	Rounders and Cricket	Athletics
	Children will be taught to: - Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. - Participate in team games, developing simple tactics for attacking and defending. - Perform dances using simple movement patterns.					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3 PE	Football/Hockey and Cross Country	Gymnastics and Dance	Netball and Basketball	Tennis and Badminton	Rounders and Cricket	Athletics
	Children will be taught to: - Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. - Participate in team games, developing simple tactics for attacking and defending. - Perform dances using simple movement patterns.					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4 PE	Football/Hockey and Cross Country	Gymnastics and Dance	Netball and Basketball	Tennis and Badminton	Rounders and Cricket	Athletics
	Children will be taught to: - Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. - Participate in team games, developing simple tactics for attacking and defending. - Perform dances using simple movement patterns.					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5 PE	Football/Hockey and Cross Country	Gymnastics and Dance	Netball and Basketball	Tennis and Badminton	Rounders and Cricket	Athletics
	Children will be taught to: - Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. - Participate in team games, developing simple tactics for attacking and defending. - Perform dances using simple movement patterns.					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

Year 6 PE	Football/Hockey and Cross Country	Gymnastics and Dance	Netball and Basketball	Tennis and Badminton	Rounders and Cricket	Athletics
	Pupils should be taught to: Use running, jumping, throwing and catching in isolation and in combination. Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending. Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]. Perform dances using a range of movement patterns. Take part in outdoor and adventurous activity challenges both individually and within a team. Compare their performances with previous ones and demonstrate improvement to achieve their personal best.					