

RSE Whole School Curriculum Map

Reception Curriculum Overview 2025-2026										
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1	Summer 2
RSE/PHSE	Life to the Full									
	Module 1: Created and Loved by God				Module 2: Created to Love Others				Module 3: Created to Live in Community	
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 1	Unit 2	Unit 3	Unit 4	Unit 1	Unit 2
	Religious Understanding	Me, My Body, My Health	Emotional Well-Being	Life Cycles	Religious Understanding	Personal Relationships	Unit 3 Life Online	Keeping Safe	Religious Understanding	Living in the Wider World
	Story Sessions: Handmade with Love	I Am Me Head, Shoulders, Knees and Toes Ready Teddy?	I Like, You Like, We all Like! All the Feelings! Let’s Get Real	Growing Up New People, New Places	Role Model	Who’s Who? You’ve Got a Friend in Me Forever Friends	What is the internet ? Playing Online	Safe Inside and Out My Body My Rules Feeling Poorly People Who Help Us	God is love Loving God, Loving Others	Me, You, Us When I Grow Up Money Doesn’t Grow On Trees

Year 1 Curriculum Overview 2025-2026										
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1	Summer 2
RSE/PHSE	Life to the Full									
	Module 1: Created and Loved by God				Module 2: Created to Love Others			Module 3: Created to Live in Community		
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 1	Unit 2	Unit 3	Unit 1	Unit 2	
	Religious Understanding	Me, My Body, My Health	Emotional Well-Being	Life Cycles	Religious Understanding	Personal Relationships	Keeping Safe	Religious Understanding	Living in the Wider World	
	Story Sessions: Handmade with Love 5 days	I am unique Girls and Boys Clean and Healthy	Feelings, likes and dislikes Feeling Inside Out Super Susie Gets Angry	The Circle of Life	God Loves You	Special People Treat Others Well ...and Say Sorry	Being Safe Good Secrets and Bad Secrets Physical Contact	Trinity House Who is My Neighbour?	The Communities We Live in	

Year 2 Curriculum Overview 2025-2026												
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
RSE/ PHSE	Life to the Full											
	Module 1: Created and Loved by God				Module 2: Created to love Others				Module 3: Created to Live in Community			
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 1	Unit 2	Unit 3	Unit 1		Unit 2		
	Religious Understanding	Me, My Body, My Health	Emotional Well-Being	Life Cycles	Religious Understanding	Personal Relationships	Keeping Safe	Religious Understanding		Living in the Wider World		
	Let the children come.	I am unique. Girls and Boys. Clean and Healthy (My Body).	Feelings, likes and dislikes. Feeling Inside Out. Super Susie Gets Angry.	The Cycle of Life. Beginnings and Endings. Change Is All Around. Classroom Secrets.	God Loves You	Special People Treat Others Well. ...and Say Sorry	Being Safe. Good Secrets and Bad Secrets. Physical Contact. Harmful Substances. Can you help me? (Part 1) Can you help me? (Part 2)	Trinity House Who is My Neighbour?		The Communities We Live in. Who will I be? Needs and Wants.		

Year 3 Curriculum Overview 2025-2026											
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2
	Life to the Full										
RSE/PHSE	Created And Loved By God				Created To Love Others				Created to Live In Community		
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 1	Unit 2	Unit 3	Unit 4	Unit 1	Unit 2	
	Religious Understanding	Me, My Body, My Health	Emotional Well Being	Life cycles	Religious understanding	Personal Relationships	Life Online	Keeping Safe	Religious Understanding	Living in the Wider World	
	Unit Prayer and Assessment Activity. Get up! The Sacraments.	Unit Prayer and Assessment. We Don't Have to Be the Same. Respecting our Bodies. What is Puberty? Changing Bodies.	Unit Prayer and Assessment Activity. What Am I Feeling? What Am I Looking At? I Am Thankful.	Unit Prayer and Assessment Life cycles A Time For Everything Big Changes, Little Changes.	Unit Prayer and Assessment Jesus, My Friend	Unit Prayer and Assessment Family, Friends and Others. When Things Feel Bad	Unit Prayer and Assessment Sharing Online Chatting Online	Unit Prayer and Assessment Safe in My Body Drugs, Alcohol and Tobacco First Aid Heroes Rights and Responsibilities	Unit Prayer and Assessment A Community Of Love What is the Church?	Unit Prayer and Assessment How Do I Love Others? Working Together Money Matters	

Year 4 Curriculum Overview 2025-2026											
	Autumn 1			Autumn 2		Spring 1		Spring 2		Summer 1	Summer 2
RSE/PHSE	Life to the Full										
	Created And Loved By God				Created To Love Others				Created to Live In Community		
	Unit1 Religious Understanding	Unit 2 Me, My Body, My Health	Unit 3 Emotional Well Being	Unit 4 Life cycles	Unit 1 Religious understanding	Unit 2 Personal Relationships	Unit 3 Life Online	Unit 4 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World	
	Unit Prayer and Assessment Activity. Get up! The Sacraments.	Unit Prayer and Assessment. We Don't Have to Be the Same. Respecting our Bodies. What is Puberty? Changing Bodies.	Unit Prayer and Assessment Activity. What Am I Feeling? What Am I Looking At? I Am Thankful.	Unit Prayer and Assessment Life cycles A Time For Everything Big Changes, Little Changes.	Unit Prayer and Assessment Jesus, My Friend	Unit Prayer and Assessment Family, Friends and Others. When Things Feel Bad	Unit Prayer and Assessment Sharing Online Chatting Online	Unit Prayer and Assessment Safe in My Body Drugs, Alcohol and Tobacco First Aid Heroes Rights and Responsibilities	Unit Prayer and Assessment A Community Of Love What is the Church?	Unit Prayer and Assessment How Do I Love Others? Working Together Money Matters	

Year 5 Curriculum Overview 2025-2026										
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1	Summer 2
RSE	Life to the Full									
	Created and Loved by God				Created to Love Others				Created to Live in Community	
	Religious Understanding	Me, My Body, My health	Emotional Well-Being	Life Cycles	Religious Understanding	Personal Relationships	Life Online	Keeping Safe	Religious Understanding	Living in the Wider World
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 1	Unit 2	Unit 3	Unit 4	Unit 1	Unit 2
	Story sessions – Calming the Storm	Gifts and Talents Girls’ Bodies Boys’ Bodies Spots and Sleep	Body Image Peculiar Feelings Emotional Changes	Making Babies Mensuration Hope Beyond Death Coping with Change	Is God Calling You?	Under Pressure Do you want a piece of cake? Self-Talk Build Others Up	Sharing isn’t Always Caring Cyberbullying	Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	The Holy Trinity Catholic Social Teaching	Reaching Out The World of Work Money and Me

Year 6 Curriculum Overview 2025-2026											
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2
RSE	Life to the Full										
	Created and Loved by God				Created to Love Others				Created to Live in Community		
	Religious Understanding	Me, My Body, My health	Emotional Well-Being	Life Cycles	Religious Understanding	Personal Relationships	Life Online	Keeping Safe	Religious Understanding	Living in the Wider World	
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 1	Unit 2	Unit 3	Unit 4	Unit 1	Unit 2	
	Made to Grow	Body Image	Is God Calling You?	Sharing Online	Trinity House	Reaching Out	Made to Grow	Made to Grow	Body Image	Is God Calling You?	
	Gifts and Talents	Peculiar Feelings	Under Pressure	Chatting Online	Catholic Social Teaching		Gifts and Talents	Gifts and Talents	Peculiar Feelings	Under Pressure	
Girl’s Bodies	Emotional Changes	Do you want a piece of cake?	Physical Contact	Privacy & Security		Girl’s Bodies	Girl’s Bodies	Emotional Changes	Do you want a piece of cake?		
Boys Bodies	Seeing Stuff Online					Boys Bodies	Boys Bodies	Seeing Stuff Online	Self-Talk		
Spots and Sleep		Self-Talk						Online Reputation	Online Bullying		
Self-Image & Identity	Online Reputation	Online Bullying					Spots and Sleep	Spots and Sleep	Making Babies 1 & 2 Mensuration		
	Making Babies 1& 2						Self-Image & Identity	Self-Image & Identity			
	Mensuration										