



# St John Fisher RC Primary School

## KS1 PE Knowledge Organiser Summer Term One: Cricket (Bat and Ball)

This cricket (bat and ball) unit will teach the children the skills and techniques needed in order to take part in Kwik Cricket games and matches in KS2.

### Why do we do PE?

We take part in PE sessions to keep our bodies and minds healthy. PE at St John Fisher ensures that all pupils develop competence to excel in a broad range of physical activities and lead healthy, active lives. We aim to inspire all pupils to succeed and excel in competitive sport and other physically-demanding activities. We provide opportunities for all pupils to become physically confident in a way which supports their health and fitness. We provide opportunities to compete in sport which builds character and helps to embed values such as fairness and respect.

### Cricket Overview

The cricket (bat and ball) unit will teach the children the skills and techniques needed in order to take part in Kwik Cricket games and matches. The children will learn the fundamental skills of both batting and bowling, developing their ability to hit and strike a ball towards different areas of a cricket ground, as well as learning the technique for bowling from a standing position. Children will develop their fielding skills by learning how to catch balls travelling along different trajectories or pathways and will be introduced to the different ways of stopping a ball travelling along the ground. Throughout the unit, language and terminology used in cricket will be introduced and explained.

### Week 1 – Racket Recap

In this PE unit we are going to practise using two different types of bat. We will be using a tennis racket and a cricket bat. During this lesson we are going to recap how to hold a racket correctly to hit a ball and we will be using our hand-eye coordination. We are going to hold our racket and try to hit the ball forwards. We will hold the ball above our racket with our other hand, drop the ball and hit it forwards.



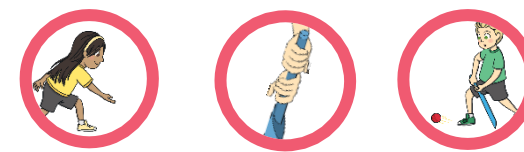
### Week 2 – Hit It Back

During this session we are going to be hitting a ball that has been thrown by our partner and then progress to use a simple tactic to play a competitive game. The skills which we will work on today are practising an underarm throw and hitting a moving ball. We are going to use all of the skills that we have practised to play a game with our partner. The tactic is to look for spaces on the court so that our partner can't touch the ball before it bounced.



### Week 3 – Cricket Control

The skills which we are going to work on during this session are: rolling a ball accurately, holding a cricket bat and hitting a ball with a cricket bat. We will bend our knees when rolling the ball and make sure the ball is travelling along the ground. We will hold our cricket bat with two hands, with our writing hand at the bottom of the handle and we will swing our bat backwards before we hit the ball. We will work with our partner and help each other to remember each skill.



### Week 4 – Getting Game Ready

During this lesson we are going to practise a range of cricket skills. We will hit a ball that has been rolled, hit a ball to a target and throw a ball overarm. We will learn about the different cricket jobs of the bowler, the batter and the fielders. We will use the tactic that hitting the ball into a space between the fielders makes it more difficult for them to stop it quickly.



### Week 5 – Let's Play

During this session we are going to combine the skills we have learned to play a competitive game. We are going to learn how to cooperate effectively with our team. We will use the skills of rolling to hit, hitting a moving ball and overarm throwing. We will continue to use the tactic that the batter needs to try and hit the ball into a space to make it more difficult for the fielders. We will also evaluate the performance of our partner.



### Resources

- Tennis balls
- Beanbags
- Tennis rackets
- Cones
- Cricket stumps/wickets
- Wicketkeeper gloves
- Cricket bats
- Hitting tees
- Bibs or bands

### Kwik Cricket

Cricket is a striking and fielding game that involves 2 teams taking turns to bat and field. Kwik Cricket is a variation of traditional cricket. The aim of the game is the same, to score more runs than the other team. It has fewer rules than traditional cricket and more people are able to play the game at any time.



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**This cricket (bat and ball) unit will teach the children the skills and techniques needed in order to take part in Kwik Cricket games and matches.**

Cricket – Key Vocabulary	Kwik Cricket – How to Play	Famous Cricketers
<ul style="list-style-type: none"> <li><b>Batting</b> – To hit or strike a ball with a cricket bat.</li> <li><b>Batsman</b> – The person who is attempting to hit or strike a ball.</li> <li><b>Boundary</b> – The edge of the playing area of the cricket pitch.</li> <li><b>Bowler</b> – The person delivering the ball toward the batsman.</li> <li><b>Catch</b> – To use your hands to stop the ball from hitting the floor.</li> <li><b>Crease</b> – A line in front of the batsman that they are to stay behind when batting.</li> <li><b>Cut Shot</b> – Sharpley batting the ball across and to the sides of the cricket pitch.</li> <li><b>Delivery</b> – Bowling the ball toward the batter.</li> <li><b>Fielding</b> – A team that stops the ball from reaching the boundary line, tries to catch the ball in order to stop runs being scored by the other team.</li> <li><b>Forward Defensive</b> – To block the ball and hit it forward when batting.</li> <li><b>Innings</b> – The amount of time a team takes to bat and score runs.</li> <li><b>Outfield</b> – The furthest part of the cricket pitch.</li> <li><b>Over</b> – An over is 6 attempts at bowling toward a batsman.</li> <li><b>Overarm Throw</b> – A high throw of a ball with the arm going ‘over’ the top of the body.</li> <li><b>Pitch</b> – The playing area used to play the game.</li> <li><b>Pull Shot</b> – To swing and hit a mid height ball across the pitch.</li> <li><b>Run</b> – A point scored for every run between the two wicket points.</li> <li><b>Stance</b> – Standing in a certain way ready to bat, bowl or catch.</li> <li><b>Stumps</b> – Wooden or plastic stakes that the bowler is attempting to hit. They are protected by the batsman.</li> <li><b>Teamwork</b> – Working together to score runs or to stop the other team to score runs.</li> <li><b>Trajectory</b> – The arc or path that a moving ball takes.</li> <li><b>Wicketkeeper</b> – Part of the fielding team who returns the ball to the bowler after each delivery.</li> </ul>	<ul style="list-style-type: none"> <li>Set up the area as in the diagram below.</li> <li>Sort into two teams (5-8 children per team).</li> <li>Toss a coin to see who will bat first.</li> <li>A team bats for one innings.</li> <li>An innings includes an over (6 bowls) per person on the team e.g. a team of 6 would bowl 6 times each (6 x 6 = 36 bowls for that innings).</li> <li>A pair of batters starts each innings and faces two overs (12 bowls).</li> <li>At the end of two overs, the next pair of batters swap.</li> <li>At the end of the innings, the batting team swap over with the fielding team.</li> </ul> <div style="text-align: center; margin: 10px 0;"> </div> <p style="text-align: center;"><b>Scoring</b></p> <ul style="list-style-type: none"> <li>A batting team starts with 200 runs.</li> <li>If a player is out (caught, bowled or stumped), they lose 5 points, but stay in the game.</li> <li>Running between wickets equals one run.</li> <li>If a wide bowl is bowled, two points are given.</li> <li>If the ball bounces over the boundary line, four points are given.</li> <li>If the ball clears the boundary line without bouncing, six points are awarded.</li> </ul>	<div style="text-align: center; margin-bottom: 10px;"> </div> <p style="text-align: center;"><b>Name</b> : Smriti Mandhana <b>Country</b> : India <b>Fact</b> : Won the Women Cricketer of the year in 2018.</p> <hr/> <div style="text-align: center; margin-bottom: 10px;"> </div> <p style="text-align: center;"><b>Name</b> : Ben Stokes <b>Country</b> : England <b>Fact</b> : Holds the world record for the most runs scored in an innings as 6<sup>th</sup> batsman.</p> <hr/> <div style="text-align: center;"> </div> <p style="text-align: center;"><b>Name</b> : Shane Warne <b>Country</b> : Australia <b>Fact</b> : Up to 2007, held the world record for taking the most wickets in test cricket.</p>

