



# St John Fisher RC Primary School

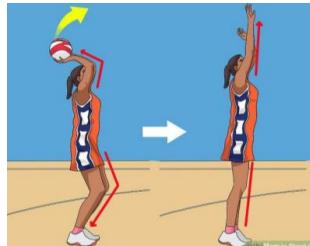
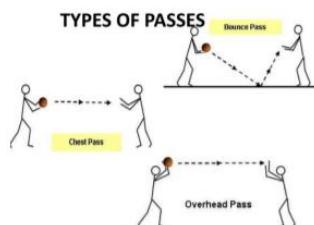
## KS2 PE Knowledge Organiser Spring One: Basketball

### Key Skills:

<b>Passing</b>	Different passes can be used within the game: chest pass, shoulder pass, overhead pass and bounce pass.
<b>Catching</b>	A skill used to receive the ball, enabling the team to keep possession of the ball.
<b>Dribbling</b>	A skill to take the ball forwards past opponents by continuous bouncing.
<b>Dodging</b>	A change of speed and direction in order to get free into position to receive the ball.
<b>Shooting</b>	A skill used within a game to score a goal.
<b>Defending</b>	A technique used to mark your opponent to stop them finding a space to receive the ball or for a player to intercept a pass.

### Match

- The aim of basketball is to score more points than the other team by shooting the ball into the basket.
- Baskets can be worth 1,2 or 3 points.
- The team with the most points at the end of the game wins.
- Each game begins with a jump ball or tip-off. The referee throws the ball into the air of the centre circle and two opposing players leap up to try and tap it away.
- Each game is split into four quarters.



### Key Terms:

**Tactical Skills:**  
Attack  
Defend  
Free space  
Change of speed  
Losing an opponent  
Timing  
Decision making

**Physical Fitness:**  
Coordination  
Agility  
Reaction time  
Power  
Stamina  
Strength

**Equipment:**  
Basketball  
Basketball hoops  
bib  
Cones



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### Rules:

- When defending someone, you can stand as near as you wish and may also hold your hands up to intercept a pass or use your hands to try and knock the ball while the opponent is dribbling.
- Basketball is a contact sport therefore you can come into contact with any other player (you must not use force against the other player).
- If you move with the ball you must be dribbling.
- To score a goal the basketball must pass completely through the ring.
- If the ball is out of the court, it will be decided who was the last team to touch the ball. The other team will be given a throw in.

### Playing positions and their roles on the court:

<b>1 – Point Guard</b>	To facilitate scoring opportunities for their team or for themselves.
<b>2 – Shooting Guard</b>	To score points for their team and take control of the ball on defence.
<b>3 – Wing or Small Forward</b>	To score points, defend and be rebounders behind the Power Forward and Centre.
<b>4 – Power Forward</b>	To play offensively with their backs towards the basket and position themselves defensively under the basket or against the opposing power forward.
<b>5 - Centre</b>	The centre is usually the teams tallest and strongest player and is positioned under the basket. They are involved in the offense and defence.

### What a basketball court looks like:

