



St John Fisher RC Primary School

KS2 PE Knowledge Organiser Summer Term One: Rounders

This rounders unit will teach the children the skills and techniques needed in order to take part in rounders games in KS2.

Why do we do PE?

We take part in PE sessions to keep our bodies and minds healthy. PE at St John Fisher ensures that all pupils develop competence to excel in a broad range of physical activities and lead healthy, active lives. We aim to inspire all pupils to succeed and excel in competitive sport and other physically-demanding activities. We provide opportunities for all pupils to become physically confident in a way which supports their health and fitness. We provide opportunities to compete in sport which builds character and helps to embed values such as fairness and respect.

Rounders Overview

This rounders unit will teach children the skills and techniques needed in order to take part in competitive rounders games. The children will learn the correct techniques for different types of throws and catches, practise batting and bowling techniques and learn all about the roles and responsibilities of different fielding positions. In addition to this, they will learn how to think strategically and choose and apply a range of tactics to help them perform their best. Throughout the unit, language and terminology used in rounders is introduced and explained.

Week 1 – Batting and Bowling

In this lesson we will learn the correct technique for batting and bowling in rounders. We will learn how to hold a rounders bat correctly and adopt the correct stance for batting. We will practise swinging the bat and leaning in to hit a ball that is bowled to us. We will also learn how to bowl underarm to reach a target and control the height, speed and distance of our bowls.



Week 2 – Throwing and Catching

During this session we will learn how to use the correct techniques for throwing and catching when fielding in rounders. We will learn how to position ourselves correctly to receive a catch and adapt our body, hand and arm positions to make different types of catches. We will throw overarm using the correct technique and throw towards and reach a target using different types of throws where necessary.



Week 3 – Backstop and Bases

In this lesson we will learn the roles and responsibilities of the backstop and bases in rounders. We will learn how to field effectively and demonstrate good skills and techniques. We will explain where different fielders should stand and what they need to do. We will learn to judge who we need to throw the ball to when fielding to try and stop the opposing team from scoring. We will throw and catch a ball quickly and accurately while under pressure.



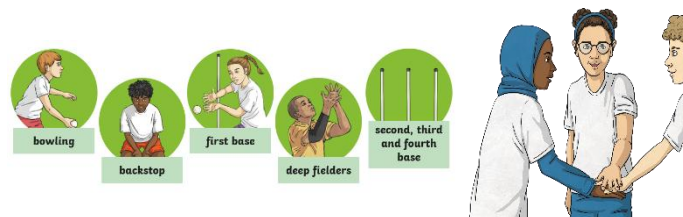
Week 4 – Deep Fielding

During this lesson we will learn the roles and responsibilities of the deep fielders in rounders. We will learn how to field effectively and demonstrate good skill and technique. We will explain where the deep fielders should stand and what they need to do. We will learn how to stop a moving ball and judge who we need to throw the ball to when fielding to try and stop the opposing team from scoring.



Week 5 – Tactics and Strategy

In this session we will learn how to 'read' the game and apply tactics to outwit opponents. We will explain and apply different tactics and demonstrate awareness of the game to make decisions which positively affect gameplay. We will play strategically as part of a team.



Week 6 – Playing a Competitive Game

During this lesson we will apply the rules of rounders during a game and use a range of throwing, catching, fielding and batting strategies. We will play a rounders match according to the rules and show good sportsmanship and we will demonstrate a range of skills and techniques when fielding and batting. We will employ a range of tactics and strategies to help drive the success of our team.





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Rounders – Key Vocabulary

- **Backstop** – The fielding player positioned behind the batter.
- **Bases** – A station marked out by a post on the pitch where batters can wait between bats or the fielding players stationed in these positions.
- **Batter** – The batter is the person whose turn it is to bat the ball.
- **Batting Stance** – The position a player adopts when preparing to bat the ball.
- **Bowler** – The player who throws the ball underarm towards the batter.
- **Deep Fielder** – A player who is positioned far out on the pitch. Their job is to retrieve and return the ball after it has been hit by a batter.
- **Field** – To attempt to stop or catch and return the ball after it has been hit by the batter.
- **Fielders**- The players in position out on the pitch or field whose aim it is to stop the opposing team from scoring.
- **Game Plan** – Agreed strategies and tactics used to positively impact gameplay.
- **Judgement** – Good judgement is about making a decision and reacting accordingly.
- **Match** – In rounders, a match is a game played with two opposing teams who each get two innings at batting and two innings at bowling.
- **No-Ball** – A no-ball is called when the bowler does not deliver the ball correctly to the batter.
- **Outwit** – To act cleverly in order to get the better of an opponent.
- **Over- arm throw**- The action of throwing a ball after first taking the ball back behind the body and powerfully pushing the arm forwards over the head, releasing the ball as it passes the head.
- **Pitch** – A marked out playing area on which a rounders match is played.
- **Sportsmanship** – Playing fairly according to the rules.
- **Strategy** – A long term plan to achieve a goal.
- **Tactics** – The actions performed by individual players to work towards an agreed strategy.
- **Technique** – A way of performing specific actions correctly and effectively.
- **Umpire**- An official who watches the match and ensures that the rules are upheld and players conduct themselves professionally.
- **Underarm Throw** – The action of throwing the ball after first swinging the arm low and backwards behind the body and then forwards to release the ball at about waist height.

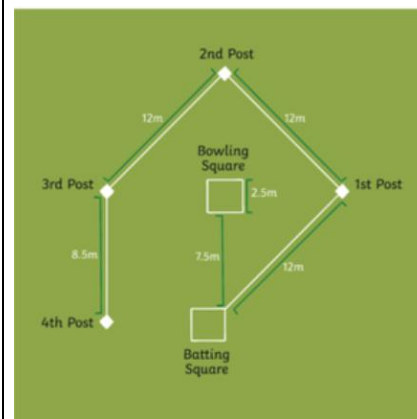
Rounders – How to Play and Resources

What is rounders?

Rounders is a sport that has been played in England since Tudor times. It is a bat-and-ball game that is played between two teams. The very earliest rules of rounders as a sport were devised by the Gaelic Athletic Association in Ireland, in 1884.

What are the rules of rounders?

- Rounders games are played between two teams.
- Each team has a minimum of 6 players and a maximum of 15 players.
- No more than 9 players may be on the field at any one time.
- One team bats while the other team fields and bowls.
- The bowler bowls the ball to the batter, who hits the ball forward on the rounders pitch.
- The batter then runs to as many posts as possible before the fielders return the ball to touch the post the batter is heading for.
- If the batter reaches the 2nd or 3rd post in one hit, the batting team scores $\frac{1}{2}$ a rounder. If the batter reaches the 4th post in one hit, the batting team scores a full rounder.
- Games are usually played over 2 innings with the aim of the game to score the most rounders.



Resources

- Rounders bats
- Rounder balls
- 4 posts to mark the four bases

Talent Squad – Rounders England

The Rounders England Talent Squad is open to women and girls only. The Talent pathway offers aspiring players a unique and exciting journey into the world of competitive rounders.

To play in the England Squads individuals must demonstrate exceptional potential at regional Talent Hub training sessions. The journey extends beyond the regional level. Players are then propelled into the realm of inter-hub competitions and external contests, where they proudly represent their regional hub on a competitive stage. This exposure not only hones their skills but also instils a sense of teamwork and sportsmanship.

The culmination of this journey sees a selection of standout individuals from the regional hubs proudly represent England in fixtures throughout the season. This not only provides a platform for players to exhibit their prowess on a national stage but also fosters a sense of pride and accomplishment as they wear the England kit.

The Rounders England Talent Squad pathway is more than a series of steps; it is a transformative experience that nurtures talent, instils discipline, and fuels the passion for the dynamic sport of rounders.

