



St John Fisher RC Primary School

Prayer Book



Our School Prayer

This is our school.
Let it be full of love.
Love of one another,
Love of life itself,
But most of all the love of Jesus Christ, Our Lord.

AMEN



Our Mission Statement Prayer

Love Jesus
Love Learning
Inspiring each other
To be the best that we can be

Diocesan Prayer

Stay with us Lord on our Journey



Laudato Si A Prayer for Our Earth

All powerful God,
you are present in the universe
and in the smallest of your creatures.
You embrace with your tenderness all that exists.
Pour out upon us the power of your love,
that we may protect life and beauty.
Fill us with your peace, that we may live
as brothers and sisters, harming no one.

O God of the poor,
help us to rescue the abandoned
and forgotten of this earth,
so precious in your eyes.
Bring healing to our lives,
that we may protect the world and not prey on it,
that we may sow beauty,
not pollution and destruction.

Touch the hearts
of those who look only for gain
at the expense of the poor and the earth.
Teach us to discover the worth of each thing,
to be filled with awe and contemplation,
to recognize that we are profoundly united
with every creature
as we journey towards your infinite light.
We thank you for being with us each day.
Encourage us, we pray, in our struggle,
for justice, love and peace.

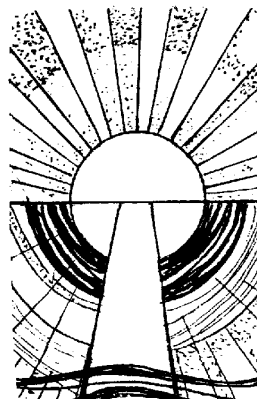


Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit,
AMEN

Morning Prayer

Father in Heaven, I give you today,
All that I think and do and say,
all my work and all my play,
I will give to God today.
AMEN



Morning Offering

O Jesus,
through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred heart.
AMEN

Grace before meals

Bless us, O Lord, and these your gifts
which we are about to receive from your bounty.
Through Christ our Lord.
AMEN

Prayer before lunch

Bless us O Lord, as we sit together
Bless the food we eat today
Bless the hands that make the food
Bless us O Lord.
AMEN

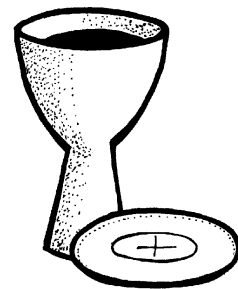


Grace after meals

We give you thanks, Almighty God,
for all your benefits,
who live and reign, world without end.
AMEN

Prayer after lunch

Thank you God for the food we have eaten
Thank you God for all our friends
Thank you God for everything
Thank you God.
AMEN



Prayer at end of day

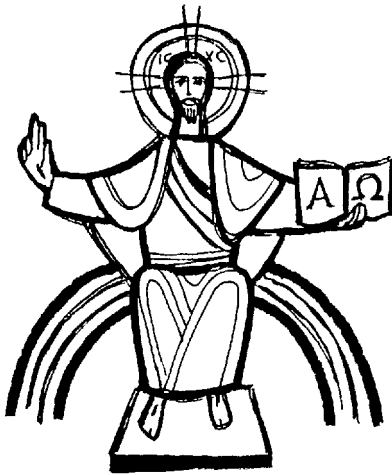


Oh my God
I come to say,
Thank you for your love today,
Thank you for my family,
And all the friends you give to me.
Guard me in the dark of night,
And in the morning send your light.
AMEN

The Lord's Prayer - Our Father

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation
but deliver us from evil.

AMEN





The Hail Mary

Hail Mary, full of grace;
the Lord is with thee.

Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,
Pray for us sinners,
now and at the hour of our death.

AMEN



Act of Contrition

O my God, because you are so good,
I am very sorry that I have sinned against you,
and by the help of your grace,
I will try not to sin again.

AMEN



Guardian Angel

O my good Angel,
whom God has appointed to be my guardian,
enlighten and protect me,
direct me and govern me,
during this day/night and forever.

AMEN



Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
AMEN

Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

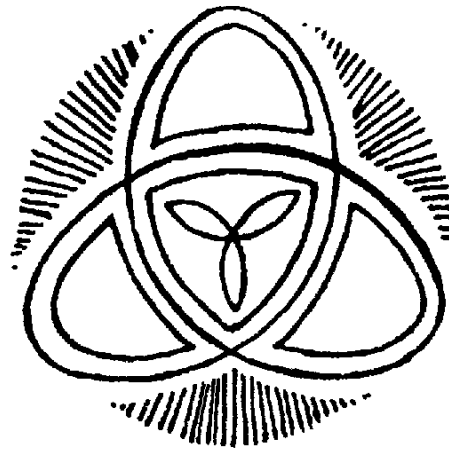
R. And you will renew the face of the earth.

Let us pray

O God, who by the light of the Holy Spirit,
did instruct the hearts of your faithful,
grant that by that same Holy Spirit,
we may be truly wise, and ever rejoice in your consolation,
Through Christ our Lord.
AMEN

Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have borne for me.
O most merciful Redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day.
AMEN



Glory Be

Glory be to the Father
and to the Son.
And to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be.
World without end.

AMEN





The Angelus

The Angel of the Lord declared unto Mary.
And she conceived by the Holy Spirit.

Hail Mary.....

Behold the Handmaid of the Lord.
Be it done unto me according to Thy Word.

Hail Mary.....

And the word was made Flesh.
And dwelt amongst us.

Hail Mary.....

Pray for us O Holy Mother of God.
That we may be made worthy of the promises of Christ.



Let us pray.

Pour forth we beseech You O Lord Your Grace
into our hearts, that we to whom
the Incarnation of Christ Thy Son was made known
by the message of an angel,
may, by his passion and cross,
be brought to the glory
of his resurrection,
through the same Christ Our Lord.

AMEN



Prayer to the Holy Spirit



Come Holy Spirit,
Fill the hearts of your faithful,
and kindle in them the fire of your love.
Send forth your Spirit,
and they shall be created,
and you shall renew the face of the earth.

Let us pray.

O God who has taught the hearts of the faithful,
by the light of the Holy Spirit,
Grant that by the gift of the same Spirit
we may be always truly wise and ever rejoice
in his consolation.
Through Jesus Christ our Lord.

AMEN

Prayer for those who have died- Eternal Rest

Eternal rest give unto them O Lord,
And let perpetual light shine upon them,
May they rest in peace,

AMEN



Hail Holy Queen

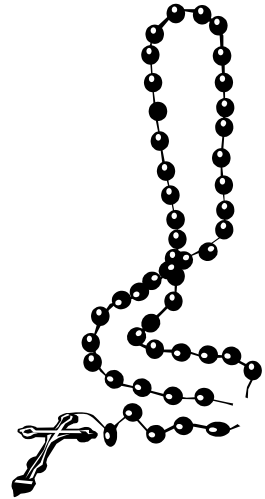
Hail Holy Queen, Mother of Mercy.
Hail our life our sweetness and our hope.
To thee do we cry poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this vale of tears.
Turn them most Gracious Advocate,
thine eyes of mercy towards us;
and after this, our exile, show unto us
the Blessed Fruit of Thy Womb, Jesus.
O clement, O loving, O sweet Virgin Mary.



The Mysteries of the Rosary

The Joyful Mysteries (Recited Monday and Saturday)

The Annunciation (Luke 1:26–38)
The Visitation (Luke 1:39–45)
The Nativity (Luke 2:1–7)
The Presentation in the Temple (Luke 2:22–35)
The Finding in the Temple (Luke 2:41–52)

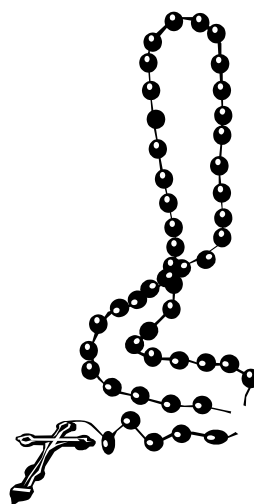


The Mysteries of Light (Recited Thursday)

The Baptism of Jesus (Matthew 3:13–17)
The Wedding Feast of Cana (John 2:1–12)
**The Proclamation of the Kingdom, with the call to Conversion
(Mark 1:14–15; 2:3–12)**
The Transfiguration (Luke 9:28–36)
The Institution of the Eucharist (Matthew 26:26–29)

The Sorrowful Mysteries
(Recited Tuesday and Friday)

The Agony in the Garden (Mark 14:32–42)
The Scourging at the Pillar (Matthew 27:15–26)
The Crowning with Thorns (Matthew 27:27–31)
The Carrying of the Cross (John 19:15–17; Luke 23:27–32)
The Crucifixion (Luke 23:33–38, 44–46)



The Glorious Mysteries
(Recited Wednesday and Sunday)

The Resurrection (Matthew 28:1–8)
The Ascension (Acts 1:6–11)
The Descent of the Holy Spirit (Acts 2:1–12)
The Assumption (1 Thessalonians 4:13–19)
The Coronation of Mary Queen of Heaven and Earth
(Revelation 12:1; 14:1–5; Isaiah 6:1–3)

The Magnificat

My soul proclaims the greatness of the Lord,
and my spirit rejoices in God my Saviour,
for he has looked upon his handmaid in her lowliness;
for behold, from this day forward,
all generations will call me blessed.

For the Almighty has done great things for me,
and holy is his name.
His mercy is from age to age
for those who fear him.

He has made known the strength of his arm,
and has scattered the proud in their conceit of heart.
He has cast down the mighty from their thrones
and has exalted those who are lowly.
He has filled the hungry with good things,
and has sent the rich away empty.

He has helped his servant Israel,
mindful of his mercy,
even as he promised to our fathers,
to Abraham and his descendants for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.

AMEN

Act of Faith

**My God, I believe in you
and all that your Church teaches,
because you have said it,
and your word is true.**

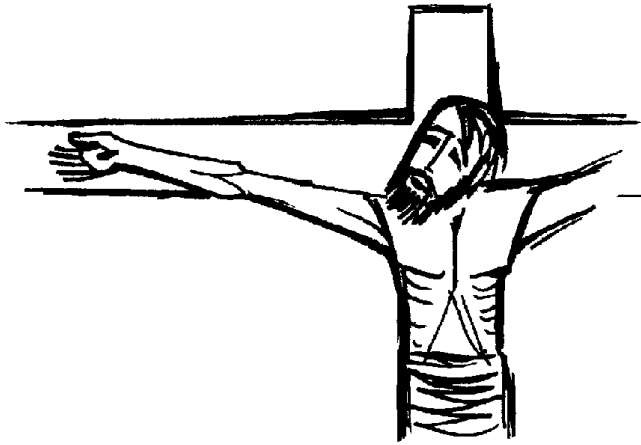
Act of Hope

**My God, I hope in you,
for grace and for glory,
because of your promises,
your mercy and your power.**

Act of Love

**My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.**

The Way of the Cross



First Station

Jesus is condemned to death

Second Station

Jesus accepts His Cross

Third Station

The first fall of Jesus

Fourth Station

Jesus meets his Mother

Fifth Station

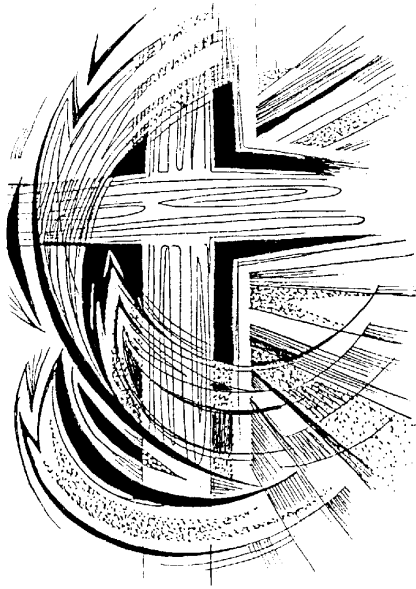
Simon helps Jesus carry His Cross

Sixth Station

Veronica wipes the face of Jesus

Seventh Station

The second fall of Jesus



Eighth Station
Jesus speaks to the women and children

Ninth Station
The third fall of Jesus

Tenth Station
Jesus is stripped of his garments

Eleventh Station
Jesus is nailed to the Cross

Twelfth Station
Jesus dies on the Cross

Thirteenth Station
Jesus is taken down from the Cross

Fourteenth Station
Jesus is laid in the tomb



The Ten Commandments

1. Do not have false Gods

(My love will always be enough for you)

2. Do not take God's name in vain

(Always treat God's and his name with respect)

3. Remember the Sabbath Day and keep it holy

(Go to Mass and share Sunday with your family and friends)

4. Honour your father and mother

(Do something today to make your mother and father proud of you)

5. Do not kill

(Treat everybody well, do something kind for a friend today)

6. Do not commit adultery

(Be sincere in your love for your family and friends – do not break promises)

7. Do not steal

(Remember that everyone has special things that they love and like, they don't want to lose them)

8. Do not lie

(Be trustworthy so that people will always rely on what you say – lying hurts others as well as yourself)

9. Do not be jealous of your neighbour's wife

(The gift of love is very special; don't try to take it away from someone)

10. Do not be jealous of your neighbour's possessions

(We should be happy for people if they have things we don't have.
We should be happy with what we've already got)

Confiteor

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

(strike breast three times as we say)

through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.



Gloria

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father, have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
AMEN





The Apostles' Creed

I believe in God,
the Father almighty
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,

At the words that follow, up to and including the Virgin Mary, all bow.

who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.

AMEN

Prayer Progression at St John Fisher RC Primary School

Age Phase	5-7 (KS1)	7-9 (Lower KS2)	9-11 (Upper KS2)
Prayers	The Sign of the Cross The Lord's Prayer Hail Mary Glory be Our School Prayer Our School Mission Statement Diocesan Prayer Morning Prayer Prayer before Lunch Grace before Meals Prayer after Lunch Grace after Meals Prayer at the end of the day	The Apostles' Creed An Act of Contrition Angel of God Come, Holy Spirit The Prayer of St Richard of Chichester	Morning Offering The Rosary The Magnificat Act of Faith Act of Hope Act of Love

Bold print – St John Fisher RC Primary School personalised Prayers